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### List of scientific publications (selection)

#### 2022

Braesco V., Ros E., Govindji A., Bianchi C., Becqueriaux L., Quick B. A Slight Adjustment of the Nutri-Score Nutrient Profiling System Could Help to Better Reflect the European Dietary Guidelines Regarding Nuts. *Nutrients* 2022; 14(13):2668.

Souchon I., Braesco V. Classer les aliments selon leur niveau de transformation – Quels sont les différents systèmes et leurs limites ? (Food classifications according to the level of processing – What are the different systems and their limitations?). *Cahiers de Nutrition et de Diététique* 2022; 57(3):194–209.

Braesco V., Souchon I., Sauvant P., Haurogné T., Maillot M., Féart C. et al. Republication : Aliments ultra-transformés : le système NOVA est-il robuste ? (Reprint of : Ultra-processed foods: How functional is the NOVA system?). *Cahiers de Nutrition et de Diététique* 2022; 57(3):210–21.

Braesco V., Souchon I., Sauvant P., Haurogné T., Maillot M., Féart C. et al. Ultra-processed foods: how functional is the NOVA system? *Eur J Clin Nutr* 2022.

#### 2021

Braesco V. Les aliments ultratransformés, un concept utile, mais mal utilisé (Highly processed foods, a useful concept, but poorly used). *Pratiques en nutrition* n° 66, 2021.

<https://www.em-consulte.com/article/1449552/figures/les-aliments-ultratransformes-un-concept-utile-mai>

#### 2017

Tharrey M., Maillot M., Azaïs-Braesco V. Darmon N. From the SAIN,LIM system to the SENS algorithm: a review of a French approach of nutrient profiling. *Proc Nutr Soc.* 2017 Jun 9:1-10. <https://www.ncbi.nlm.nih.gov/pubmed/28595671>

Mwangi MN., Phiri KS., Abkari A., Gbané M., Bourdet-Sicard R., Azaïs Braesco V., Zimmermann MB., Prentice AM. Iron for Africa—Report of an Expert Workshop. *Nutrients* 2017, 9(6), 576. <http://www.mdpi.com/2072-6643/9/6/576>

Azaïs-Braesco V., Sluik D., Maillot M., Kok F., Moreno LA. A review of total & added sugar intakes and dietary sources in Europe. *Nutr J.* 2017 Jan 21;16(1):6. <https://nutritionj.biomedcentral.com/articles/10.1186/s12937-016-0225-2>

## 2016

Chanson-Rollé A., Braesco V., Chupin J., Bouillot L. Nutritional Composition of Orange Juice: A Comparative Study between French Commercial and Home-Made Juices. *Food and Nutrition Sciences* 2016, 7, 252-261. <http://www.scirp.org/jouRNAI/PaperInformation.aspx?PaperID=65813>

## 2015

Diouf S., Folquet M., Mbofung K., Ndiaye O., Brou K., Dupont C., N'dri D., Vuillerod M., Azaïs-Braesco V., Tetanye E. Prévalence et déterminants de l'anémie chez le jeune enfant en Afrique francophone – Implication de la carence en fer (Prevalence and determinants of anemia in young children in French-speaking Africa. Role of iron deficiency). *Arch Pediatr.* 2015 Nov;22(11):1188-97. <http://www.ncbi.nlm.nih.gov/pubmed/26433575>

Miquel-Kergoat S., Azaïs-Braesco V., Burton-Freeman B., Hetherington MM. Effects of chewing on appetite, food intake and gut hormones: A systematic review and meta-analysis. *Physiol Behav.* 2015 Nov 1;151:88-96. <http://www.ncbi.nlm.nih.gov/pubmed/26188140>

Francou A., Hebel P., Braesco V., Drewnowski A. Consumption Patterns of Fruit and Vegetable Juices and Dietary Nutrient Density among French Children and Adults. *Nutrients* 2015, 7, 6073-6087. <http://www.ncbi.nlm.nih.gov/pubmed/26213964>

Chanson-Rollé A., Meynier A., Aubin F., Lappi J., Poutanen K., Vinoy S., Braesco V. Systematic Review and Meta-Analysis of Human Studies to Support a Quantitative Recommendation for Whole Grain Intake in Relation to Type 2 Diabetes. *PLoS One.* 2015; 10(6): e0131377. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4476805/>

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## 2013

Cicero AF., Aubin F., Azaïs-Braesco V., Borghi C. Do the Lactotripeptides Isoleucine–Proline–Proline and Valine–Proline–Proline Reduce Systolic Blood Pressure in European Subjects? A Meta-Analysis of Randomized Controlled Trials. *Am J Hypertens.* 2013 Mar;26(3):442-9. <http://www.ncbi.nlm.nih.gov/pubmed/23382495>

## 2010

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<http://www.ncbi.nlm.nih.gov/pubmed/16923293>

## 2004

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<http://www.ncbi.nlm.nih.gov/pubmed/14642897>

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Tyssandier V., Cardinault N., Caris-Veyrat C., Amiot MJ., Grolier P., Bouteloup C., Azaïs-Braesco V., Borel P. Vegetable-borne lutein, lycopene, and beta-carotene compete for incorporation into chylomicrons, with no adverse effect on the medium-term (3-wk) plasma status of carotenoids in humans. Am J Clin Nutr. 2002 Mar;75(3):526-34.  
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Sapin V., Alexandre MC., Chaïb S., Bournazeau JA., Sauvant P., Borel P., Jacquetin B., Grolier P., Lémery D., Dastugue B., Azaïs-Braesco V. Effect of vitamin A status at the end of term pregnancy on the saturation of retinol binding protein with retinol. Am. J. Clin. Nutr., 2000 Feb; (2):537-43.  
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